

# Muhlenberg

## SPORTS MEDICINE

### HEAD ATHLETIC TRAINER

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### ASSOCIATE ATHLETIC TRAINER

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### ASSITANT ATHLETIC TRAINER

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### TEAM PHYSICIANS:

Robert Palumbo, MD-Orthopedics	Phone - 610-973-6200
Jill Crosson, DO-Sports Medicine	Phone – 610-973-6200

### NEARBY EMERGENCY CARE

**Lehigh Valley Hospital- Cedar Crest**  
1200 S. Cedar Crest Blvd.  
Allentown, PA 18103  
Ph: 610-402-8000

**ExpressCARE**  
4815 W. Tilghman St.  
Allentown, PA 18104  
Ph: 610-402-3900  
Daily 8am-8pm

**St. Luke's Hospital**  
1736 Hamilton St.  
Allentown, PA 18104  
Ph: 610-628-8300

On behalf of the Muhlenberg College Sports Medicine Staff, we would like to welcome you and your team to Allentown for your upcoming competition. We hope your visit will be enjoyable and injury free. Our Co-Ed Athletic Training Room is located in the lower level of the Life Sports Center. The athletic training room will be open approximately two hours prior to events and will remain open 30 minutes following the events completion.

If requested, the Muhlenberg Sports Medicine Staff will assist visiting teams in treatments and/or taping of your athletes. We do request that your team provide their own materials; especially wraps and tape, as well as written documentation as to what needs to be done. If modality treatments are needed, please provide the proper authorization. We will provide water, ice bags, and cups near your bench for competition. Emergency equipment of crutches, splints, and an AED unit will also be present on the home sideline.

A physician and ambulance will be on site for all home football games. The physicians and ambulance will be on call for all other athletic activities.

If you have any special concerns or requests, please contact our staff at least two (2) working days prior to your competition date(s). We wish you the best of luck and a healthy visit.